



## **Zanshin Ryu Dojo grading levels & belt colour system**

10th kyu	White Belt
9th kyu	Blue Belt
8th kyu	Blue Belt with one green stripe on each end
7th kyu	Blue Belt with two green stripes on each end
6th kyu	Green Belt
5th kyu	Green Belt with one brown strip on each end
4th kyu	Green Belt with two brown stripes on each end
3rd kyu	Brown Belt
2nd kyu	Brown Belt & one Black stripe
1st kyu	Brown Belt & two Black stripes on each end
Shodan Ho	Black Belt & one white stripe (Probation for 12 Month's)
Black belt junior	Black belt with thin white stripe until 18 years of age
Shodan 1 <sup>st</sup> Dan	Black belt & one gold stripe
Nidan 2 <sup>nd</sup> Dan	Black Belt & 2 gold stripes
Sandan 3 <sup>rd</sup> Dan	Black Belt & 3 gold stripes
Yondan 4 <sup>th</sup> Dan	Black Belt & 4 gold stripes

***Sensei John Tarascio – Founder & Head Instructor.***

***Traditional Karate & Self Defence Techniques From ANCIENT MASTERS To YOU.***

***Mobile: 0439 996 666 Email: john@zrkarate.com.au Web: www.zrkarate.com.au***