



Dojo Ethics From The Bubishi

The following Dojo ethics has been taken from the Bubishi.

*(**BU** means Warrior - **BI** means Wisdom - **Shi** means Spirit)*

- 1. Purify your mind.*
- 2. Cultivate the power of perseverance by strengthening your body and overcoming the difficulties that arise during training.*
- 3. The dojo is a place where courage is fostered, and superior human nature is bred through the hard training. It is the sacred place where the human spirit is polished.*
- 4. Always keep the dojo clean!!*

The Karate Attitudes.

- 1. There is NO first attack in Karate.*
- 2. Karate begins with courtesy and ends with it, therefor we must be courteous to our senior, juniors and even our foes.*
- 3. We must sweep from our minds all egotistical and preoccupying thoughts during practice, concentrating on all movements with maximum vigour.*

The Karate Thoughts.

1. *To study karate requires dedication and strenuous effort. It must become a way of life.*
2. *To pursue karate means to seek a master of oneself.*
3. *Karate can be referred to as the conflict within yourself or a life-long marathon which can be won only through self-discipline, hard training, and your own creative effort.*

Traditional Karate & Self Defence Techniques from ANCIENT MASTERS YOU.

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